

OMECARE Softgel Capsules

COMPOSITION:

Each Softgel Capsule contains
Flaxseed Oil 1000 mg

ACTION OF INDIVIDUAL COMPONENT:

Combined omega-3-6-9 supplements provide optimal ratios of fatty acids. Omega-3; since the human body can't produce omega-3s, these fats are referred to as "essential fats". Omega-6; the most common omega-6 fat is linoleic acid, which the body can convert to longer omega-6 fats such as arachidonic acid (AA). They mainly provide energy. Omega-9; Omega-9 fats are nonessential fats that the body can produce. Replacing some saturated fats with omega-9 fats may benefit health.

SUGGESTED USAGE:

Take 2 capsules daily half an hour after meal or as directed by the health practitioner. Do not exceed the recommended dose.

CONTRA INDICATIONS: Nil.

EFFECTS OF OVER-DOSE:

None has been reported any adverse effect of over-dose.

ADVERSE EFFECTS:

None has been reported any adverse effect.

SIDE EFFECTS:

None has been reported any side effect.

INTERACTION WITH MEDICINES:

None has been reported any interaction with medicines.

TOXIC EFFECTS:

None has been reported any toxic effect.

SHELF LIFE:

3 years from the date of manufacture.

CONDITIONS OF STORAGE:

Store below 30°C, in a cool, dry & dark place.