

**PPLAC**  
**(Pre & Pro Biotic sachet)**

**Composition:**

**Each sachet contains: (2.5 billion cfu):**

Lactobacillus Acidophilus	0.48 Billion Spores
Lactobacillus Rhamnosus	0.48 Billion Spores
Streptococcus Thermophilus	0.48 Billion Spores
Bifido Bacterium Bifidum	0.48 Billion Spores
Bifido Bacterium Longum	0.48 Billion Spores
Saccharomyces Boulardii	0.10 Billion Spores
Fructo Oligosaccharides	300 mg
Alpha amylase	50 mg

**Dosage and Direction of use:** As directed by the dietician

**Indication:**

PPLAC sachets are used to improve digestion and restore normal flora. It is indicated to treat bowel problems (such as diarrhea, irritable bowel), eczema, vaginal yeast infections, lactose intolerance, and urinary tract infections.

**Contra-indications:** Hypersensitivity to any of ingredients

**Storage:** Store in a dry place below 30°C.

Protect from light and moisture.  
Keep out of reach of children.

**Shelf life:** 24 Months

**Presentation:** 10 Sachets are packed in a carton along with pack insert.

**Manufactured by:**

**Cian Healthcare Ltd.**

Kh. No. : 248, Village Sisona,  
Bhagwanpur, Roorkee, Haridwar,  
Uttarakhand. India.