

SUB-B Forte Softgel Capsules

COMPOSITION:

Each Softgel Capsule contains

Thiamine (vitamin B1)	10 mg
Riboflavin (Vitamin B2)	10 mg
Pyridoxine (Vitamin B6)	10 mg
Pantothenic acid (Vitamin B5)	40 mg
Niacin (Vitamin B3)	20 mg
Folic Acid (Vitamin B9)	1 mg
Cyanocobalamin (Vitamin B12)	10 μ g
Biotin (Vitamin B7)	0.50 mg

ACTION OF INDIVIDUAL COMPONENT:

As the building blocks of a healthy body, B vitamins have a direct impact on your energy levels, brain function, and cell metabolism. Vitamin B complex helps prevent infections and helps support or promote cell health growth of red blood cells.

SUGGESTED USAGE:

Adult: 1 capsule 1-2 time daily or as directed by the health practitioner. Do not exceed the recommended dose.

CONTRA INDICATIONS: Nil.

EFFECTS OF OVER-DOSE:

None has been reported any adverse effect of over-dose.

ADVERSE EFFECTS:

None has been reported any adverse effect.

SIDE EFFECTS:

None has been reported any side effect.

INTERACTION WITH MEDICINES:

None has been reported any interaction with medicines.

TOXIC EFFECTS:

None has been reported any toxic effect.

SHELF LIFE:

3 years from the date of manufacture.

CONDITIONS OF STORAGE:

Store below 30°C, in a cool, dry & dark place.