Each Softgel Capsule contains Vitamin D3 (As Cholecalciferol) 5000 IU ACTION OF INDIVIDUAL COMPONENT: Cholecalciferol commonly known as Vitamin

COMPOSITION:

SUP-D Softgel Capsules

D3 is essential for strong bones because it

helps the body to use calcium for the diet. Traditionally Vitamin D deficiency has been

associated with rickets a condition in which the bone tissue doesn't properly mineralize. leading to soft bones and skeletal

deformities Concurrently, as one of the most common utilized forms of Vitamin D. cholecalciferol is

also very frequently used as a supplement in individuals to maintain sufficient vitamin D levels in the body or to supplement vitamin D deficiency, as well as assisting in various

medical conditions that can be associated directly or indirectly with vitamin D insufficiency like osteoporosis and chronic

kidney disease, among others, SUGGESTED USAGE: Adult: Take 1 capsule daily or as directed by the health practitioner. Do not exceed the recommended dose

FFFFCTS OF OVER-DOSE: None has been reported any adverse effect of over-dose

CONTRA INDICATIONS: Nil.

ADVERSE FEFFCTS: None has been reported any adverse effect.

SIDE FEFFCTS: None has been reported any side effect.

medicines TOXIC EFFECTS:

SHELF LIFE:

CONDITIONS OF STORAGE:

INTERACTION WITH MEDICINES:

None has been reported any interaction with

place.

3 years from the date of manufacture.

None has been reported any toxic effect.

Store below 30°C, in a cool, dry & dark